

# NEWSLETTER

APRIL 2024-25

ISSUE 02

# WELCOMING OUR NEW PRINCIPAL

New Vision, New Leader  
Welcoming the New  
Leadership  
Welcoming Our New  
Principal

We are delighted to  
welcome

**Shri. M. SATHISH KUMAR,**

M.Sc., M.Phil., PGDCA., PGDEdL.,  
B.Ed.,

our new Principal, to the  
DAV SARADA EASHWAR  
VIDYALAYA community!  
With a passion for  
education, a dedication  
to student growth, a  
vision for academic  
excellence and more  
than 30 years of  
experience



Shri. M. SATHISH  
KUMAR, brings with  
him a wealth of  
experience and a  
deep commitment  
to fostering a  
nurturing and  
inspiring learning  
environment.

# MESSAGE FROM PRINCIPAL'S DESK



In an increasingly globalized world, sharing knowledge and experience yields rich dividends, fostering sociability and nurturing effective, empathetic, and globally conscious citizenship. At DAV Sarada Eashwar Vidyalaya, our primary objective is to provide holistic, quality education that promotes academic excellence, skill development, and personality growth within a safe and supportive learning environment.



We are committed to tailoring rigorous academic schedules to each student's individual needs, offering opportunities to develop both scholastic and non-scholastic skills.



# PRINCIPAL'S DESK

This approach paves the way for our students' chosen career paths. We believe that DAV-SEV serves as a launching pad for every DAVian, empowering them to soar to great heights.

I extend my best wishes to our young minds as they embark on their academic journey. May their hard work be complemented by strategic efforts, ensuring success is well within reach.

With Warm Regards,  
Shri. M. SATHISH KUMAR,  
Principal

## VARSHAANTH PARV



Varshaanth was celebrated on 12th April Saturday with lot of enthusiasm. This is the follow up celebration of varsharambh which was held in July 2024. this beautiful event was pepped up with gracious presence of our director mam.

Date : 12.4.25

Day : Saturday

Chief Guest : Smt. Shanthy Ashokan

Mr. Lalith Naagia



# RESOLUTION BY OUR STUDENTS

On this colourful occasion many students took part and recounted their resolutions and how they made it possible. This event was headed by our principal. Students and teachers chanted the mantras the school choir performed a lively song from punandanadas composition.



The chief guest in their speech appreciated the students for their resolution and motivated them to sustain their interest and to set more achievable goals.





The event was attended by many teachers and students and it came to end with National anthem.



# FAREWELL CEREMONY FOR TEACHERS



Date: 23rd April, 2025

Venue: Library

Chief Guest: Smt. T.B. Bhagyalakshmi, Correspondent,  
DAV-Sarada Eashwar Vidyalaya

Organized by: DAV-SEV STAFF ASSOCIATION

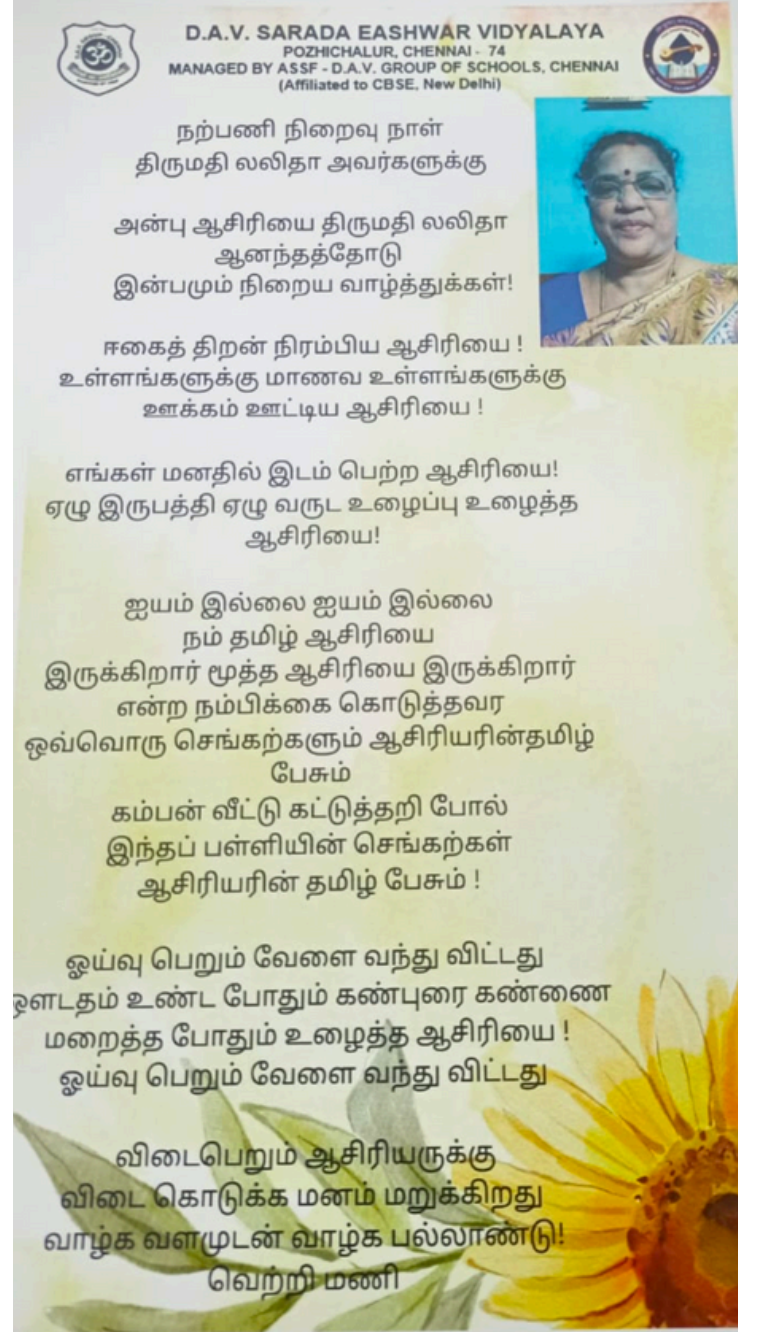
The farewell ceremony was organized to honor and bid adieu to our esteemed teachers - Smt.Lalitha, Smt.Rajeshwari and Smt.Seethalakshmi who have served the institution with unwavering dedication, integrity, and excellence. The event was marked with warmth, gratitude, and heartfelt expressions of appreciation for their contributions.

The event began with a warm welcome to all present. The gathering invoked divine blessings through a prayer led by Smt.Radha Mani, followed by the rendition of Thamizh Thaaivaazthu, which set a respectful and reverent tone for the occasion.



# TRIBUTES AND FELICITATIONS

The ceremony began by honoring Smt.Lalitha , known for her strength, kindness, and unwavering commitment to the school. Smt.Radha delivered a touching speech highlighting Lalitha Ma'am's contributions. She was felicitated by our Correspondent followed by a heartfelt speech from Smt. Lalitha reminiscing her journey at SEV and DAV-SEV.



Smt. Rajeshwari was recognized for her calm demeanor, exemplary efficiency, and role-model presence. Smt. Priyadharshini spoke about Rajeshwari Ma'am's work ethic and inspiring personality. She was then felicitated by the Correspondent and addressed the audience, expressing her gratitude and sharing memorable experiences.



Known for her multitasking skills and melodious voice, Smt. Seethalakshmi was appreciated for her dedicated service, especially in teaching Hindi. Smt. M. Gayathri spoke warmly about her contributions. Following the felicitation by the Correspondent, Seethalakshmi Ma'am shared her thoughts and emotions with the gathering.







The program concluded with a vote of thanks. Gratitude was expressed to the Correspondent Ma'am, Principal Sir, teachers, staffs and upacharikas for their cooperation and presence.

Everyone was reminded of the lasting legacy and inspiration left behind by the retiring teachers

The National Anthem was sung in unison to mark the end of the formal program, after which teachers had their refreshments.



# Special Havan for class X and XII

## Monthly Havan



**12.4.25**

# TERM II EXAM

The assessment was conducted for the classes kg to Grade VIII from 15th April and it ends on 26th April 2025



## SCHOOL RE-OPENING FOR ACADEMIC YEAR 2025

Re-Opening dates for the academic year 25-26

- ✓ KG - 09<sup>th</sup> June
- ✓ Pre-KG - 10<sup>th</sup> June
- ✓ UKG - IX - 11<sup>th</sup> June
- ✓ Class X & XII - 9th June



# FAREWELL CEREMONY FOR STUDENTS



The program commenced with a prayer song and Tamizh Thai Vazhthu, invoking divine blessings, followed by the traditional lighting of the Kuthu Vilakku, symbolizing the triumph of knowledge over ignorance.

Mrs. Rajalakshmi Ma'am delivered a warm Welcome Address, setting a tone of reflection and celebration.

The farewell ceremony for the outgoing batch of Class XII students at DAV Sarada Eashwar Vidyalaya was organized on 26th April 2025 at the School Campus with great solemnity and heartfelt emotions.

Distinguished dignitaries, including Convenor Shri Mathi Poonam Anand Ji, Principal Shri Sathish Kumar Ji, Coordinator Radha Ma'am, and esteemed faculty members, graced the occasion.





# LIGHTING THE CANDLE

The lighting of candles by the teachers and dignitaries symbolized the passing of wisdom to the students, and personalized cards with messages of encouragement were distributed.

An oath-taking ceremony led by Mrs. Lalitha Ma'am reinforced the students' commitment to uphold values and responsibilities. The School Pupil Leader, Selvi, shared her reflections and gratitude, followed by heartfelt messages from proud parents.



Principal Shri Sathish Kumar Ji and Convenor Shri Mathi Poonam Anand Ji addressed the gathering with words of wisdom and inspiration.

Cultural performances, including a friendship song by Class X students and a dance and song mashup by Classes X and XII, celebrated the spirit of friendship, joy, and creativity.

The Vote of Thanks was delivered by Radha Ma'am, expressing deep gratitude to all contributors. The formal proceedings concluded with the National Anthem.

The celebration continued with engaging games organized by the students, followed by a Badge Distribution Ceremony honoring individual qualities. The event concluded with the serving of refreshments, fostering a spirit of camaraderie and warm memories.





# WORKSHOP FOR PRINCIPAL



As part of the Active Learning STEM Student Exchange Program, a delegation from Ritsumeikan Keisho Junior & Senior High School, Hokkaido, Japan, visited Chennai from April 24-28, 2025. The purpose of their visit was to learn more about DAV schools and discuss the student exchange program's future.

A meeting was held at the DAV Head Office on April 25, 2025, from 10:00 a.m. to 1:00 p.m., where our Secretary, Shri. Vikas Araya ji, and Director, Smt. Shanthi Ashokan, met with the delegates alongside principals from various DAV schools, including our Principal, Shri. M. Sathish Kumar.



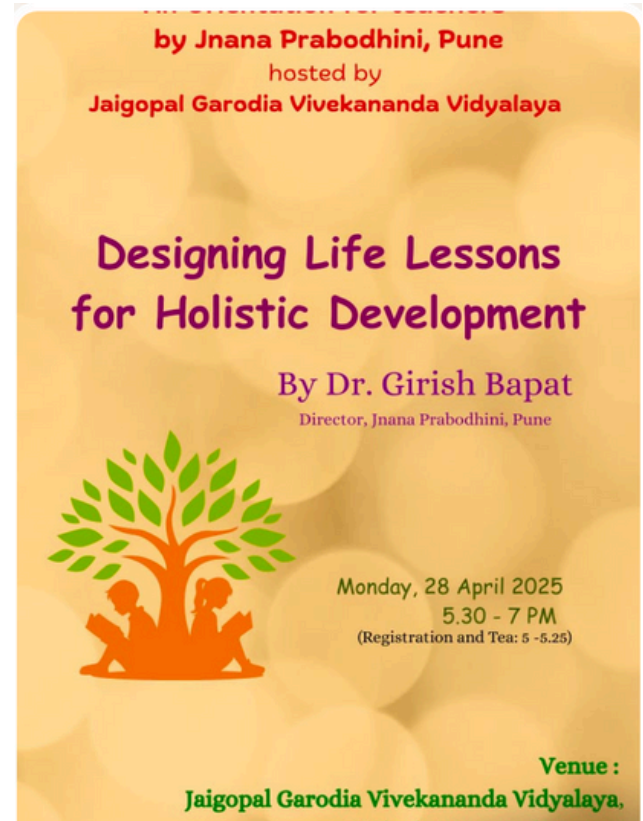
# DESIGNING LIFE LESSONS FOR HOLISTIC DEVELOPMENT

Our Principal, Mr. M. Sathish Kumar, attended a session on "Designing Life Lessons for Holistic Development" by Dr. Gorish Bapat, Director of Jnana Prabodhini, Pune. The session, held on April 28, 2025, at Jaigopal Garodia Vivekananda Vidyalaya, Anna Nagar, Chennai,

Covered key points:

1. Teachers as role models for students
2. Organizing trips to surrounding villages
3. Student participation in community festivals
4. Teaching behavioral lessons and setting trends
5. Reflective writing exercises on trips and programs
6. Group discussions
7. Project-Based Learning (PBL) on student-chosen topics
8. Introducing tinkering labs
9. Fostering curiosity in students

These insights may likely enhance our approach to holistic development.



# WORKSHOP FOR TEACHERS

Responsibility of Parents & Teachers towards children

Date: April 25th – 27th, 2025    Venue: VVK Centre, Puducherry

A workshop was conducted for parents and teachers on "Responsibility of Parents & Teachers towards children." The session focused on strategies to build positive relationships, manage challenging behaviours, and support students' emotional and academic growth.



Key Discussion Points:

- Understanding student behaviour and motivations
- Effective communication techniques
- Setting clear boundaries and expectations
- Encouraging positive behaviour
- Managing conflicts and challenging situations





# FEEDBACK SESSION

## Takeaways:

- Parents and teachers gained insights into understanding student perspectives and behaviours.
- Participants learned effective strategies to build trust, respect, and open communication with students.
- The importance of consistency and fairness in setting expectations and consequences was emphasized.



## Participants' Feedback:

Mrs. K. Vijaya &  
Mrs. Karthiyani

- "The workshop provided valuable insights into understanding student behaviour and managing challenging situations."
- "I appreciated the practical strategies shared for building positive relationships with students."



## Recommendations:

- Follow-up sessions to reinforce learning and share experiences
- Developing a school-wide approach to handling students consistently



## Conclusion:

The workshop provided a valuable opportunity for parents and teachers to learn effective strategies for handling students. By working together, we can create a supportive and inclusive learning environment that fosters student growth and well-being.



**Year-long Inauguration Celebration of Vedic Vidya Kendra : Program 14**  
**Workshop on Responsibility of Parents & Teachers towards children**

**25th (Friday) to 27th April 2025 (Sunday)**

**Special programs for Teachers and Parents who would like to invest in developing the character of their students and children.**  
Program Medium: English & Hindi

**Introduction of Acharya Ashish Ji**

- A former engineer, he is now a renowned Vedic scholar, spiritual master and motivational speaker.
- He has conducted numerous workshops and life-enriching retreats in India and across the world.
- He is the founder of Ashramotsav, a Vedic Yog Meditation Training Centre in Mysore.



**Key topics that will be discussed during the Workshop**

1. What should be the target outcomes of successful parenting/ teaching?
2. How should children be supported in three different age-groups  
(a) Upto 10 years (b) 10-14 years (c) 14-18 years
3. How should parents & teachers cooperate with for development of their children?
4. How to protect children from impact of modern day lifestyle (Junk snacking, Mobiles, Cinema, Drugs, Smoking, Alcohol).

**Relevance of this workshop to you**

We, as parents, are taught over two decades of schooling and college to build a career and earn, but nowhere we are taught how to upbringing our children. This reflects in poor upbringing of our children. The paradox is that all of us would agree that children are our most valuable asset, yet they are poorly nourished by way of our meaningful guidance and engagement. Similarly, teachers hold a responsibility which is far beyond the subject that they teach. They have an opportunity to develop the character of and leave a deep impact on thousands of students during their lifetime. This workshop is meant to guide both, the teachers and parents on how can they meaningfully engage with their students/ children such that they bring out the best in them. For those who understand, these three days could be among the best investment of their lives!

**DISCOUNT ON STRESS-FREE LIFE BY ACHARYA ASHISHJI**



**PICTURES OF THE PREVIOUS PROGRAMS AT VEDIC VIDYA KENDRA**



Base sessions in Air conditioned multi-tier classroom



Conducted in interactive-workshop formats



Comfortable rooms for stay of registered participants

**INTRODUCTION TO VEDIC VIDYA KENDRA**

Arya Samaj Chennai has been serving society through education and propagation of Vedic knowledge & practices for over 100 years. It runs more than 30 DAV schools with 45000 students. It has recently established the "Vedic Vidya Kendra" in Puducherry. It is a residential campus that organises short and long-term programs for development of students, youth and adults. It has a Gurukul, Sadhak Ashram, Digital Center and camping facilities for different age groups.



**Registration for Participating in the Events at VVK**

1. Registration is free for all who wish to participate in those events of Vedic Vidya Kendra (VVK) which are part of its Inaugural Festival. You are requested to register using the QR Code.
2. Participants may contribute generously to the common cause of Vedic Vidya Kendra & the event out of their own will.
3. Participants are expected to maintain the decorum & follow the rules of Vedic Vidya Kendra during their stay.
4. Married couples will be allotted rooms. Others will share rooms with participants of same gender.

**VENUE:** Vedic Vidya Kendra Campus, RS NO-28, Mathur Road, Ganapathichettikulam, Behind PIMS Hospital, Kalapet, Puducherry-605014 Maps link of VVK : <http://tiny.cc/gemyzz>  
Phone: 74187 27133/ 91764 10164 @mail: [vvk@davchennai.org](mailto:vvk@davchennai.org)



# PBL WORKSHOP

Venue: Nalanda Hall, DAV Boys School, Gopalapuram, Chennai

Dates: 30th April to 2nd May 2025 (3 days)

Time: 9:30 AM to 4:40 PM

Facilitated by: Jnana Prabodhini, Pune.

Teachers Attended: Mrs. Lakshmi Ganapathy,

Mrs. Sangeetha Devaraj,

Mrs. Ponmani,

Mrs. Sowmiya

Mrs. J. Rajalakshmi could not attend the session due to some personal emergency.



# INTRODUCTION AND FOUNDATION

## Overall Experience of the Session

The three-day Project Based Learning (PBL) workshop was a well-planned and immersive experience for all participating teachers. It provided a hands-on, reflective and collaborative platform to understand the core elements of PBL methodology. Each day offered a blend of theory and practical application, allowing participants to actively engage with the content and relate it to their classroom practices.

## Day 1 – Introduction and Foundations of PBL

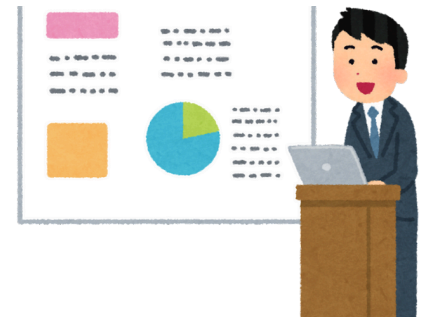
The first day focused on building a strong foundation in Project Based Learning. Teachers were introduced to the purpose and sequence of PBL activities, identification of learning objectives, and skills required to support student inquiry. Emphasis was laid on observation and questioning techniques, building concepts using mind maps, and how to spiral concepts for deeper learning. Interactive tasks such as concept-mapping and goal-setting helped participants internalize the theory through practice.



# OBSERVATION AND SURVEY PLANNING IMPLEMENTATION AND ACTION

## Day 2 – Observation and Survey Planning

Day two deepened the understanding of observation skills and introduced practical strategies for data collection. Teachers explored the key elements of observation, the process of choosing relevant topics for PBL, and the steps involved in data gathering. The session also included an introduction to surveys, supported by simulation exercises where teachers collaborated to design and test simple surveys. This day significantly enhanced confidence in planning student-led explorations.



## Day 3 – Implementation and Action

The third day was more action-oriented, focusing on the preparation and execution of surveys. Teachers worked in groups to frame survey questions, held peer discussions, and conducted sample surveys. A hands-on activity involving a study of clothing brought an interdisciplinary dimension, encouraging integration of real-life examples into PBL. The day concluded with group reflection on the outcomes and challenges of implementing PBL strategies in the classroom.

# LEARNING OUTCOMES

Key Learning Outcomes

□ Clear

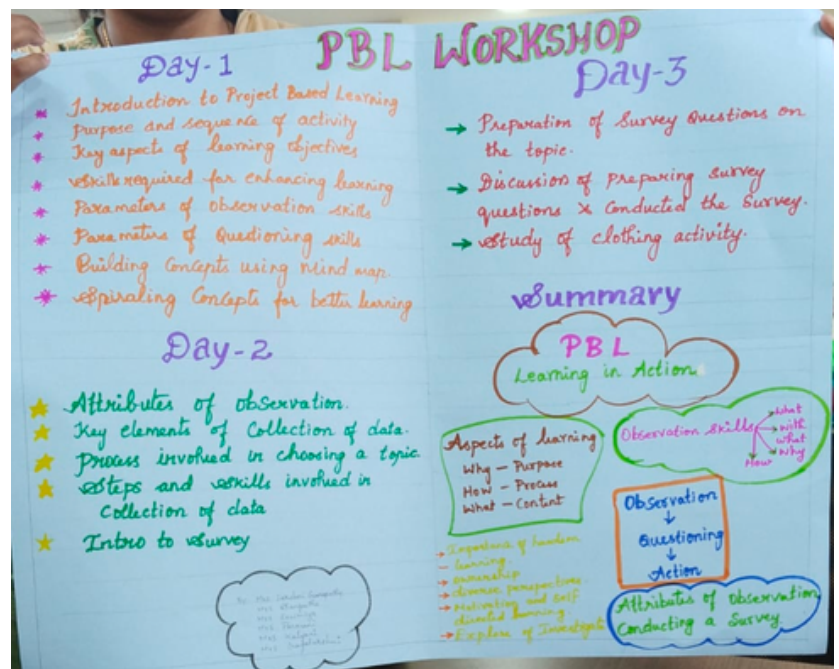
understanding of PBL as “Learning in Action”

□ Effective framing of learning objectives and outcomes

□ Enhanced skills in observation, questioning, and data collection

□ Familiarity with tools like mind maps and surveys

□ Ability to plan and implement inquiry-based classroom projects



Main Takeaways from the Workshop

□ PBL promotes student agency and deeper engagement

□ Hands-on activities enhance understanding and retention

□ Collaboration among teachers enriches planning and idea generation

□ Reflective practices are essential for effective learning and teaching



# PRERNA CAMP

Venue: Vedic Vidya Kendra, Puducherry

Date: 29.4.2025 - 1.5.2025

Attended By:

1. Mrs.A. Priyadarshini
2. Mrs. Prethewsha Vimal
3. Mrs.G. Sridevi
4. Mrs.P. Vanalakshmi
5. Mrs.K. Uma



## Introduction:

We started by 6.00 am from Pallavaram and reached the VVK campus by 9.00 am. The DAV Prerna camp was a transformative three-day event that brought together educators from various backgrounds to learn, reflect, and grow. The programme included a variety of sessions, interactive activities, and discussions focused on enhancing teaching skills, living a balanced and ethical life, and promoting holistic education.

The first day of the programme began with an enriching van trip, where all participants had the opportunity to connect with nature with the fellow educators. It was a refreshing start.

Following the trip, we moved to the dormitory accommodations, which were thoughtfully designed and equipped with excellent facilities to ensure a comfortable stay. The dormitories were clean, spacious, and provided a peaceful environment conducive to rest and relaxation.

# SESSION ON DAY I

Living Naturally / Healthy Lifestyle by Smt. Vratika Arya:

Smt. Vratika Arya's session focused on the importance of leading a natural and healthy lifestyle. She emphasized adopting simple habits that promote overall well-being, including mindful eating, regular exercise, and mental clarity through spiritual practices.

## Reflective Practices

Smt. Shoba Raman encouraged participants to engage in reflective practices that help them assess their strengths and areas for improvement. Through introspection and self-awareness, teachers could foster more effective learning environment.

HR Policies by Smt. Shanti Ashokan:

This session highlighted essential Human Resource policies that support educators and create a positive work culture. Smt. Shanti Ashokan maintains professionalism, addressing challenges, and ensuring employee well-being.

## Professional Ethics

Smt. Radha Subramanian's session illustrated the importance of maintaining integrity, transparency, and accountability in the teaching profession. The fundamental aim is to create a trust-based relationship with students and colleagues.



# MEDITATION

Meditation for 40 minutes by Smt. Vratika Arya:

To conclude the day, Smt. Vratika Arya led a one-hour meditation session. The session helped participants relax, center themselves, and experience the profound benefits of mindfulness.

Group Discussion on Day 1:

After the sessions, we engaged in a group discussion to reflect on the key takeaways of the day. This collaborative session allowed for the exchange of ideas and personal experiences, further enhancing the learning experience.



# SESSION ON DAY 2

Yoga session

Smt. Vratika Arya

The Yoga practice was designed to stretch the body, relax the mind, and improve overall vitality. We learned various asanas that could be incorporated into their daily routines for better physical health and mental health.



Agnihotra:

Traditional Vedic ritual aimed at purifying the environment, Agnihotra was demonstrated to help participants connect with nature and cultivate a peaceful atmosphere.





# Art of story telling

## Happy class room

Art of Storytelling in Education:

This session included a series of activities that helped participants develop storytelling was explored as a powerful tool for engaging students, enhancing their imagination, and teaching valuable life lessons.

DAV History and Vedic Education by Shri. Peeyush Arya :

Shri. Peeyush Arya delivered an informative session on the history of the DAV institutions and the role of Vedic education in shaping the school's ethos. Participants were inspired by the rich cultural heritage and philosophical foundations of DAV.

Happy Classroom Session by Shri. Himani:

In this session, Shri.Himani shared insights on creating positive classroom environments that nurture emotional well-being and promote joy in learning.

Case Studies on Ethics for Teachers by Smt. Radha Subramanian:

Smt.Radha Subramanian led an in-depth discussion on ethics in the teaching profession, using case studies to illustrate real-life situations. The session provided practical insights into making ethical decisions in challenging situations.

# SESSION ON DAY 3

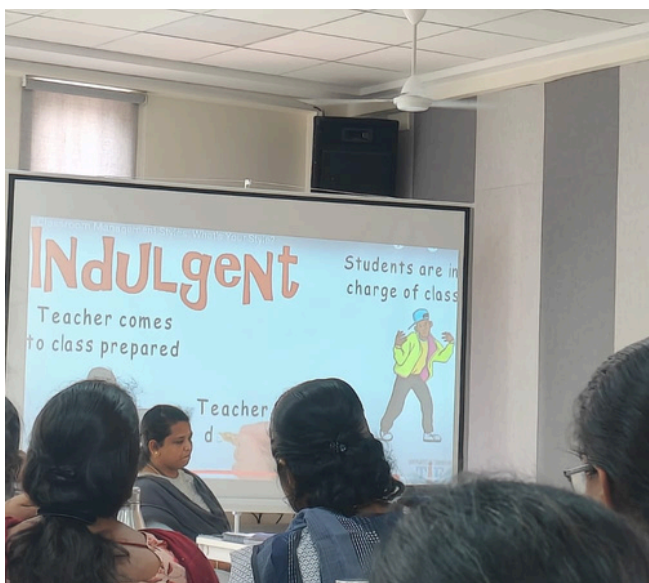
Experiences Shared  
by Senior Teachers:

A special interactive session allowed by Smt. Shoba Raman, Smt. Shanti Ashokan and Smt. Radha Subramanian to share their insights and experiences. This open forum provided valuable lessons and practical advice on various teaching methodologies.

The final day of the programme began with a session on Classroom Management by Smt. Shoba Raman shared effective strategies for managing classrooms, creating a conducive learning environment, and dealing with classroom challenges.

The Happy Classroom session by Shri. Himani

He further reinforced the importance of creating a positive and joyful atmosphere in the classroom. By incorporating engaging and nurturing practices, teachers can foster a space where students feel motivated to learn and grow.



The programme concluded with a Valedictory Function, where participants shared their reflections on the event and expressed gratitude for the enriching learning experience. It was an opportunity to celebrate the knowledge gained and the connections made throughout the programme.

# SPORTS AND FUN ACTIVITIES



## Sports and Fun Activities:

As part of the overall experience, the programme included various sports and fun activities that provided a well-rounded approach to health and teamwork. These activities allowed participants to unwind, engage in friendly competition, and build lasting memories.



## Conclusion:

The DAV Vedic Vidya Kendra programme was an inspiring and holistic learning experience. From thoughtful sessions on professional development to practices promoting personal well-being, the program emphasized the importance of living a balanced life and fostering ethical, joyful, and effective teaching methods. The positive energy and collaborative spirit experienced throughout the event will undoubtedly continue to resonate with all the participants, encouraging them to implement these practices in their daily lives and classrooms.



# SEVA MAITHRI CLUB

## Almsgiving



**Seva Maithri Club volunteers from Grade XII served food to the people at Sai Baba temple**



# NAMASTE

